

År	Klasse	Tid	Merketid	Navn
1998	K16	01:40:16	02:18:59	Ingrid Narum
1998	K20	01:36:51	02:13:33	Kamilla Bråthen
1998	K25	01:38:21	02:07:03	Camilla Hott
1998	K30	01:41:04	02:09:37	Annvor Sletvold
1998	K35	01:30:46	02:04:53	Anne Marie Heienberg
1998	K40	01:29:02	02:13:57	Grethe Sandberg
1998	K45	01:37:27	02:15:12	Ingvild Lein
1998	K50	01:42:31	02:14:05	Berit Høyvik
1998	K55	01:58:42	02:33:59	Marie Louise Svevad
1998	K60	02:03:42		Liv Stefferud
1998	K65	02:14:08		Valborg Østberg
1998	M16	01:21:48	01:44:24	Jonas Tetlie
1998	M20	01:21:41	01:46:19	Kjell Vidar Helgesen
1998	M25	01:15:10	01:39:11	Ole Petter Hjelle
1998	M30	01:15:02	01:38:07	Simen Haugen
1998	M35	01:18:57	01:41:09	Bjørn Tore Streitlien
1998	M40	01:20:27	01:44:06	Jan Hoel
1998	M45	01:24:39	01:51:07	Sigurd Dæhli
1998	M50	01:25:55	01:49:38	Olaf Pedersen
1998	M55	01:33:36	01:59:40	Ragnar B. Johnsen
1998	M60	01:34:31	02:05:21	Bjørn Tvedt
1998	M65	01:46:53	02:17:55	Pål Gulbrandsen
1998	M70	02:11:07	03:08:31	Kåre Mikkelsen
1998	M75	02:25:37		Kristian Skarsvåg
1998	M80	04:08:21		Kolbjørn Halvorsen
1999	K16	01:32:35	02:18:20	Ingrid Narum
1999	K20	01:35:51	02:12:05	Brita Cecilie Mustad
1999	K25	01:30:25	02:05:02	Helene Melbø
1999	K30	01:34:25	02:00:50	Torgun Wæhre
1999	K35	01:33:48	02:07:21	Turid Sjøstedt
1999	K40	01:40:33	02:08:25	Anna Magrethe Tråve
1999	K45	01:37:31	02:09:48	Ingvild Lein
1999	K50	01:41:31	02:16:25	Berit Høyvik
1999	K55	01:57:30	02:31:46	Vilbjørg Ohren
1999	K60	02:06:29	02:51:25	Eva Lisa Jorde
1999	K65	02:16:52		Valborg Østberg
1999	KE	01:19:16	01:51:06	Hilde Hovdenak
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1999	M20	01:18:43	01:42:56	Tore Arnegard
1999	M25	01:22:38	01:44:01	Vidar Igeltjørn
1999	M30	01:18:53	01:41:55	Håvard Moheim
1999	M35	01:20:57	01:43:17	Bjørn Tore Streitlien
1999	M40	01:20:20	01:44:15	Magnor Rypdal
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1999	M65	01:38:09	02:09:43	Åge Solberg
1999	M70	01:58:09	02:39:47	Kjell Gjersdal

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1999	ME	01:14:00	01:33:50	Erling Jevne
1999	TT	01:47:55		Robert O`dea
2000	IPC	02:59:22		Tore Glærum
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2004	KE	01:27:35		Sharon Broadwell
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2004	M65	01:42:22	02:13:15	Bjørn Tvedt
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2005	K16	01:36:41	02:17:45	Randi Vermelid
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2005	K55	01:51:15	02:30:24	Ingunn Ytrehus
2005	K60	01:49:10	02:30:55	Liv Astrid Losnegaard
2005	K65	02:29:36		Lillemor Grønntun
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2005	M30	01:19:04	01:41:46	Bjørn Robstad
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2005	M80	04:10:00		Knut Melby
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2006	K35	01:36:55	02:02:12	Anette Skjolden
2006	K40	01:35:51	02:02:03	Kari Madslien
2006	K45	01:36:02	02:04:16	Brit Pettersen Tofte
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2006	K55	01:45:31	02:21:08	Birgit Korvald
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2006	KE	01:21:47		Karoline Bjerkeli Grøvdal
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2006	M35	01:21:39	01:43:56	Ole Kristian Smestad
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2006	ME	01:15:21	01:38:16	Ørjan Lunde
2007	IPC	02:23:45		Håkon Gisholt
2007	K16	01:36:01	02:04:55	Tuva Toftdahl Staver
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2021	KE	01:21:02		Karoline Simpson-Larsen
2021	M16	01:20:34	01:49:12	August Hovde
2021	M18	01:22:48	01:52:11	August Bertheussen Falkanger
2021	M20	01:21:08	01:55:16	Ådne Kjøll
2021	M25	01:10:49	01:44:20	Senay Fissehatsion
2021	M30	01:15:01	01:43:51	Michael Ande Tesfamichael
2021	M35	01:10:52	01:46:57	Weldu Negash Gebretsadik
2021	M40	01:16:21	01:48:59	Ronny Losoa
2021	M45	01:24:17	01:49:24	Klaus Øiseth
2021	M50	01:23:10	01:49:51	Arild Hagesveen
2021	M55	01:27:34	01:52:25	Anton Bueie
2021	M60	01:24:24	01:55:17	Andreas Engebretsen
2021	M65	01:33:22	02:10:40	Bjørn E Eide
2021	M70	01:43:38	02:18:06	Torstein Rudihagen
2021	M75	01:57:53	02:46:20	Kjell Jonhaugen
2021	M80	02:12:38	03:12:51	Christian Børs Lind
2021	ME	01:10:49		Senay Fissehatsion
2022	K16	01:43:40	02:25:08	Martine Dyste
2022	K18	01:30:20		Mille Marie Storlien
2022	K20	01:31:13	02:03:48	Marte Emilsen
2022	K25	01:24:25	02:00:32	Ingrid Hannestad
2022	K30	01:26:07	02:02:01	Maren Wangensteen
2022	K35	01:33:04	02:05:50	Mari Arnøygard Wedum
2022	K40	01:17:41	02:03:04	Kristin Størmer Steira
2022	K45	01:33:36	02:01:26	Esther Beate Flemmen Innselset
2022	K50	01:35:45	02:06:58	Hege Skari
2022	K55	01:37:35	02:08:30	Kari Madslien
2022	K60	01:51:31	02:24:36	Anne Melkild
2022	K65	01:51:19	02:30:22	Anne Størmer Steira
2022	K70	02:22:14		Aud Jovall

2022	K75	02:29:06		Merete Blakstad
2022	K80	03:22:34		Signy Henden Rustlie
2022	KE	01:17:41		Kristin Størmer Steira
2022	M16	01:24:12	01:49:52	Even Rondeel
2022	M18	01:18:02	01:58:44	August Hovde
2022	M20	01:19:37	01:47:56	Oskar Lockert Skjold
2022	M25	01:09:01	01:44:00	Senay Fissehatsion
2022	M30	01:13:41	01:42:23	Michael Ande Tesfamichael
2022	M35	01:12:26	01:47:12	Morten Eide Pedersen
2022	M40	01:12:59	01:45:10	Ronny Losoa
2022	M45	01:20:31	01:45:41	Klaus Øiseth
2022	M50	01:20:29	01:47:28	Tom Roger Vege-Tangen
2022	M55	01:21:08	01:51:35	Bjørn Ole Vassbotn
2022	M60	01:28:04	01:51:33	Terje Hordnes
2022	M65	01:40:15	02:07:20	Dag Haraldsen
2022	M70	01:40:26	02:11:31	Torstein Rudihagen
2022	M75	01:51:26	02:23:22	Egil Brørs
2022	M80	02:27:16	03:11:43	Knut Domaas
2022	M85	02:50:20		Erik Stoltenberg-Hansson
2022	ME	01:09:01		Senay Fissehatsion
2023	FHK	03:12:43		Tonje Granmo
2023	FHM	01:37:01	02:59:11	Franz Bernt
2023	K16	01:33:03	02:05:42	Maria Wergeland
2023	K18	01:28:37	02:15:58	Ingeborg Håkonsen
2023	K20	01:33:50	02:00:38	Tuva Hagen Rønning
2023	K25	01:29:28	01:54:21	Elise Rør Drabløs
2023	K30	01:27:57	01:53:16	Marte Sønstevoold
2023	K35	01:31:26	01:56:24	Elisabeth Stubberud
2023	K40	01:28:30	01:58:56	Turi Malme
2023	K45	01:37:02	02:08:37	Marthe Haavind
2023	K50	01:32:53	02:01:48	Hege Skari
2023	K55	01:37:28	02:05:14	Kari Madslien
2023	K60	01:47:55	02:21:58	Anne Melkild
2023	K65	01:57:16	02:37:12	Åse Brødholt
2023	K70	02:14:36	02:59:41	Kristin Ringdalen
2023	K75	02:27:39		Merete Blakstad
2023	K80	03:49:30		Oline Yksnøy
2023	K85	03:46:46		Signy Henden Rustlie
2023	KE	01:17:39	01:42:58	Hanne Mjøen Maridal
2023	M16	01:25:30	01:51:21	Sondre Signeboen
2023	M18	01:24:59	01:49:59	Syver Rusten Dalen
2023	M20	01:18:25	01:40:50	Oskar Lockert Skjold
2023	M25	01:17:18	01:38:52	Martin Bjørndalen Mathisen
2023	M30	01:16:48	01:40:15	Mads Buhaug
2023	M35	01:20:39	01:42:16	Morten Solbakken
2023	M40	01:16:06	01:38:56	Ronny Losoa
2023	M45	01:19:02	01:42:51	Ole-Jacob Følling
2023	M50	01:20:35	01:41:52	Hakon Hjemly
2023	M55	01:25:04	01:49:32	Geir Øvergård
2023	M60	01:23:24	01:52:00	Andreas Engebretsen

2023	M65	01:36:32	02:04:08	Vidar Ellefsen
2023	M70	01:39:38	02:11:28	Torstein Rudihagen
2023	M75	02:03:33	02:45:36	Egil Brørs
2023	M80	02:19:23	03:22:04	Steinar Brekke
2023	M85	02:35:00		Bjørn Tvedt
2023	ME	01:07:39	01:27:48	Weldu Negash Gebretsadik
2024	FHK	02:38:56		Julie Garsiot
2024	FHM	02:37:21		Aleksander Fjeldstad
2024	K16	01:33:04	02:03:51	Maria Wergeland
2024	K18	01:31:54	02:02:32	Ingeborg Rosager
2024	K20	01:26:05	01:53:35	Mari Fosse Vaksdal
2024	K25	01:30:35	01:56:58	Elise Rør Drabløs
2024	K30	01:29:05	01:55:16	Heidi Skinnerud Aalseth
2024	K35	01:29:02	01:55:52	Lene Nylund
2024	K40	01:31:43	01:57:38	Turi Malme
2024	K45	01:32:30	02:02:15	Brita Cecilie Mustad
2024	K50	01:35:28	02:05:06	Hege Skari
2024	K55	01:37:26	02:07:04	Kari Madslien
2024	K60	01:47:52	02:22:19	Siri Schive Hjelde
2024	K65	01:57:03	02:35:58	Åse Brødholt
2024	K70	02:12:09		Kristin Ringdalen
2024	K75	02:42:14		Merete Blakstad
2024	KE	01:20:53	01:43:50	Maren Wangenstein
2024	M16	01:17:26	01:43:40	Mathias Kopland Rudstaden
2024	M18	01:23:39	01:48:05	Markus Buraas Pedersen
2024	M20	01:22:43	01:44:36	Fredrik Fodstad
2024	M25	01:15:53	01:38:56	Ener Søberg Vaglum
2024	M30	01:16:07	01:38:05	Andreas Torsvik
2024	M35	01:17:49	01:39:37	Hans Henrik Holmerud
2024	M40	01:17:36	01:39:53	Thomas Kjetland
2024	M45	01:19:13	01:40:38	Knut Ødegaard
2024	M50	01:22:20	01:45:46	Espen Nyland
2024	M55	01:23:30	01:47:37	Bjørn Ole Vassbotn
2024	M60	01:32:25	01:56:31	Trond Olav Berg
2024	M65	01:36:33	02:05:14	Magnor Rypdal
2024	M70	01:46:24	02:16:46	Torstein Rudihagen
2024	M75	01:53:11	02:35:51	Einar Djupå
2024	M80	02:24:01	03:19:56	Steinar Brekke
2024	M85	02:55:08		Roy Frydenberg
2024	ME	01:10:58	01:29:24	Weldu Negash Gebretsadik
2025	FHK	03:12:04	04:00:06	Tonje Granmo
2025	FHM	02:41:04	03:35:19	Aleksander Fjeldstad
2025	K16	01:23:31	02:19:06	Olina Svarstad Heggdal
2025	K18	01:33:00	02:06:30	Maria Wergeland
2025	K20	01:28:06	01:52:25	Julie Meinicke
2025	K25	01:27:39	01:52:51	Nora Thelma Jevne
2025	K30	01:27:12	01:51:24	Marthe Nagelhus Haug
2025	K35	01:26:19	01:53:19	Marte Sønstevold
2025	K40	01:29:05	01:54:43	Berit Nordstad
2025	K45	01:31:54	01:58:44	Kari Lier

2025	K50	01:37:12	02:05:33	Hege Skari
2025	K55	01:40:20	02:07:20	Torunn Ølstad
2025	K60	01:39:43	02:17:20	Rannei Sæther
2025	K65	01:57:56	02:33:56	Åse Brødholt
2025	K70	02:15:32	02:58:16	Kristin Ringdalen
2025	K75	02:45:20	03:37:49	Merete Blakstad
2025	KE	01:18:16	01:40:10	Karoline Simpson-Larsen
2025	M16	01:22:17	01:49:13	Emil Haave Norderhaug
2025	M18	01:16:36	01:45:45	Knut Eirik Aspheim Kåsa
2025	M20	01:17:31	01:41:56	Jonas Galåen
2025	M25	01:20:23	01:41:51	Daniel Halvorsen Bergebakken
2025	M30	01:18:19	01:39:28	Erlend Ousdal
2025	M35	01:14:56	01:37:43	Andreas Torsvik
2025	M40	01:17:59	01:39:34	Erik Haavardsholm
2025	M45	01:15:37	01:39:59	Thomas Kjetland
2025	M50	01:21:58	01:48:01	Espen Nyland
2025	M55	01:22:33	01:47:43	Bjørn Ole Vassbotn
2025	M60	01:25:59	01:54:49	Andreas Engebretsen
2025	M65	01:28:02	01:58:34	Oddmund Roalkvam
2025	M70	01:49:55	02:19:20	Karsten Solheim
2025	M75	01:55:52	02:31:42	Arvid Terje Hjelseth
2025	M80	02:33:27	03:39:42	Steinar Brekke
2025	M85	03:28:30	04:21:17	Ivar Hvamstad
2025	ME	01:08:21	01:26:59	Weldu Negash Gebretsadik